

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 07:10 untill 08:25. Teamleadmeeting @ 07:45 The listed starttimes are indicative!

Coaches: Bogaerts Michel

Coaches: Leys Leen HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 08:35
Heat: 3/26 Lane : 6 Athlete: BOGAERTS ENYA					Q-time: 01:29:09
PB (25m pool): 01:30.62 Vilvoorde 18/05/2025			PB (50m pool): 01:29.09 SB: 01:32.01 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.69		01:30.62	
		00:43.69		00:46.93	
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 08:40
Heat: 5/26 Lane : 2 Athlete: MAHU AMY					Q-time: 01:25:23
PB (25m pool): 01:25.28 Overijse 29/11/2025			PB (50m pool): 01:25.23 SB: 01:25.28 Overijse 29/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.16		01:25.28	
		00:41.16		00:44.12	
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:6, starttime: 08:40
Heat: 6/26 Lane : 4 Athlete: BAUM NORE					Q-time: 01:23:94
PB (25m pool): 01:21.71 Aarschot 30/04/2023			PB (50m pool): 01:24.22 SB: 01:24.58 Groenenhoek Berchem 05/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:21.71	
		no time			
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: SCZ

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 09:25
Heat: 2/20 Lane : 3 Athlete: NABIULLIN MAX					Q-time: 01:36:96
PB (25m pool): 01:33.96 Zaventem 08/02/2026					PB (50m pool): 01:36.94 SB: 01:33.96 Zaventem 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.07		01:33.96	
	00:44.07		00:49.89		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 09:30
Heat: 5/20 Lane : 3 Athlete: NABIULLIN TIM					Q-time: 01:30:42
PB (25m pool): 01:29.56 Zaventem 08/02/2026					PB (50m pool): 01:32.02 SB: 01:29.56 Zaventem 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.72		01:29.56	
	00:41.72		00:47.84		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:11, starttime: 09:40
Heat: 11/20 Lane : 1 Athlete: VANDERBORGHT MILAN					Q-time: 01:21:34
PB (25m pool): 01:21.34 Groenenhoek Berchem 05/10/2025					PB (50m pool): 01:24.25 SB: 01:21.34 Groenenhoek Berchem 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.82		01:21.34	
	00:37.82		00:43.52		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 10:00
Heat: 3/19 Lane : 4 Athlete: BOGAERTS ENYA					Q-time: 01:39:25
PB (25m pool): 02:01.81 Dilbeek 12/05/2024					PB (50m pool): 01:39.25 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		02:01.81	
	no time				
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: SCZ

Event number: 16: 100M BUTTERFLY WOMEN 11+				Heat:4, starttime: 10:00	
Heat: 4/19 Lane : 5 Athlete: MAHU AMY				Q-time: 01:37:19	
PB (25m pool): 01:37.19 Zaventem 15/07/2025				PB (50m pool): 01:39.36 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.80		01:37.19	
	00:41.80		00:55.39		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+				Heat:11, starttime: 10:55	
Heat: 11/37 Lane : 3 Athlete: PARRA JUAN FELIPE				Q-time: 01:10:22	
PB (25m pool): 01:07.98 Zaventem 08/02/2026				PB (50m pool): no time SB: 01:07.98 Zaventem 08/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.95		01:07.98	
	00:31.95		00:36.03		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+				Heat:11, starttime: 10:55	
Heat: 11/37 Lane : 6 Athlete: NABIULLIN MAX				Q-time: 01:10:93	
PB (25m pool): 01:10.93 Tremelo 18/01/2026				PB (50m pool): 01:13.27 SB: 01:10.93 Tremelo 18/01/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.53		01:10.93	
	00:33.53		00:37.40		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+				Heat:13, starttime: 11:00	
Heat: 13/37 Lane : 1 Athlete: NABIULLIN TIM				Q-time: 01:09:21	
PB (25m pool): 01:07.60 Zaventem 08/02/2026				PB (50m pool): 01:08.79 SB: 01:07.60 Zaventem 08/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.03		01:07.60	
	00:32.03		00:35.57		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: SCZ

Event number: 17: 100M FREESTYLE MEN 11+					Heat:28, starttime: 11:20
Heat: 28/37 Lane : 4 Athlete: VANDERBORGHT MILAN					Q-time: 00:57:80
PB (25m pool): 00:57.18 Zaventem 08/02/2026					PB (50m pool): 00:58.56 SB: 00:57.18 Zaventem 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.53		00:57.18	
	00:27.53		00:29.65		
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:12, starttime: 11:55
Heat: 12/33 Lane : 4 Athlete: BAUM NORE					Q-time: 01:29:20
PB (25m pool): 01:27.81 Overijse 25/11/2023					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:27.81	
	no time				
					

Coach feedback: